



Community  
Bank N.A.

2020 Ski Jumping/

Nordic Combined

## Schedule

Registration closes Wednesday 1/29 at 3PM - <https://www.empirestatewintergames.com/sports/ski-jumping>

### Thursday, January 30<sup>th</sup>

- 6:30PM – ESWG Opening Ceremonies (See details on website - <https://www.empirestatewintergames.com/opening-ceremony>)

### Friday, January 31<sup>st</sup>

- 9-11:30AM – Open Training on K20, K48, and K90
- 3-5PM – Open Training on K20, K48, and K90

### Saturday February 1<sup>st</sup>

- 8:30-9:30AM – Registration/bib pickup at pool building in base lodge
- 9-10AM – Open Training on all hills
- 10AM – K20 competition begins (NO TRIAL, 2 competition rounds)
- Following 20 minute break – K48 competition begins (1 trial, 2 competition rounds)
- Following 20 minute break – Awards for K20 and K48 jumping outside Base Lodge
- 12:30PM – K90/K120 exhibition (2-3 jumps)
- 3:00PM – Nordic Combined races begin – Site TBD
- Following 10 minute break – Awards for Nordic Combined

### Quick Facts:

- **Pool building is in the lower lot of the jump entrance at 5486 Cascade Rd, Lake Placid, NY. You may have to park in the upper lot and walk down.**
- **Day of registration is available (\$50 U21/\$75 Seniors/Masters)**
- **Contact Colin Delaney ([colind@nysef.org](mailto:colind@nysef.org) – (518) 524-2115) about open training. Daily training rate is \$10/day if traveling with your own coach, \$45/session with NYSEF coach.**