



Empire State Winter Games – Figure Skating Events
SC of Lake Placid
February 2-4, 2018

The Empire State Winter Games Figure Skating Events will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

The Empire State Winter Games is a qualifying competition for the 2019 State Games of America.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters may only enter **ONE** level per event (i.e. skaters cannot skate Juvenile AND Intermediate Free Skate, however, a skater may skate juvenile free skate and intermediate short program; further skaters cannot enter juvenile free skate and intermediate test track as test track is considered a free skate event.)

Skaters entering beginner–pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group. The LOC reserves the right to combine levels where there are not enough entries.

Eligibility: All skaters must have a New York State affiliation in one or more of the following ways: reside in New York State, attend school in New York State, be a member of a New York State Figure Skating Club or have their primary training location in New York State.

Skaters who do not have a state games in their own state may also compete. Skaters from other states would be classified in the competition as a participant from their own state for the purpose of distribution of invitations for the 2019 State Games of America.

ENTRIES:

ALL entries must be submitted online via the online entry form found at www.empirestatewintergames.com. The entry deadline is *Tuesday, January 2, 2018*. **NO LATE ENTRIES WILL BE ACCEPTED!!!**

Entries in each event will be limited based on participation in previous years. Should the event you wish to enter be full, you will be placed on a waiting list. **PLEASE DOUBLE CHECK THE EVENT YOU ARE ENTERING AS CHANGES MAY NOT BE MADE IF YOUR EVENT IS FULL WHEN YOU WANT TO CHANGE IT.**

Entry fees are as follows:

Singles Events:

\$100 - first event

\$75 - second event

Synchronized Skating Events:

\$170 per team, plus an additional \$30 per skater

REFUND POLICY: Entry fees will not be refunded unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$20 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events.

Notification of competition and practice ice times will be available online at www.empirestatewintergames.com and will also be e-mailed to competitors as soon as possible after close of entries.

FACILITIES: The competition will be held at:

Olympic Center

2634 Main Street

Lake Placid, NY 12946

518-523-1655

Competition events will be held in both the 1980 Rink & the 1932 Rink, both measuring 100' x 200'. Competition may also be held in the USA Rink which measures 85' x 200'.

MUSIC UPLOAD/SUBMISSION:

Online music submission is the ONLY acceptable method to submit program music. The uploaded program MUST conform to the following specifications:

- Only one piece of competition program music (e.g. Short Program, Free Skate, etc.) per file is allowed
- The uploaded file must be an **MP3 or M4A** file. Simply changing the file extension to "mp3" from another file format is not acceptable.
- **Bit Rate of 192 kbps** or higher is requested.
- The file should not contain any ID3 metadata (tags). Especially NO embedded images such as album cover art, picture of the skater, etc.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer there be **NO leaders or trailers** at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

The website for music submission is <https://fs4.formsite.com/olympiccenter/eswgfs18music/index.html>

The deadline for submission is Thursday, January 18th at 11:59pm.

BACKUP MUSIC AT EVENT (CDs)

Competitors must submit their music online. In addition, all competitors MUST have at least one (1) backup CD rink side during the competition event. CDs must meet the following requirements:

- Clearly marked with a permanent marker with the skater's first and last name, event, and music length.
- Only one (1) music track. Any disk with more than one track is NOT acceptable.
- Lead in time on CDs may not exceed two (2) seconds.
- Music may NOT be submitted on re-recordable CDRW disks.

PENALTY FOR INCORRECT MUSIC OR FAILURE TO UPLOAD MUSIC

The LOC may assess each competitor an additional charge of \$25 per event if the competitor 1) fails to submit their music prior to the close of online music submission, 2) submits files that do not correspond to the specifications above, or 3) submits either the incorrect music or needs to make changes to their music after the close of online music submission. Competitors may NOT receive their credentials at registration until all music issues are resolved.

LIABILITY:

U.S. Figure Skating, the SC of Lake Placid and the NYS Olympic Regional Development Authority accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The International Judging System (IJS) will be used for the following events:

- IJS Well Balanced Program free skate events, juvenile – senior
- IJS Short program events, juvenile – senior

All competitors skating in these events need to submit the planned program content form online. This form is found in the Member's Only section at www.usfigureskating.org. The deadline to submit the form is January 29, 2018.

The 6.0 Majority Judging System will be used for:

- Well Balanced Program free skate events, pre-preliminary – pre-juvenile
- Juvenile – Senior 6.0 Short Program & Free Skate events
- Introductory free skate events (beginner, high beginner, no-test)
- All Test Track events
- All solo dance events
- Synchronized Team Skating Events

REGISTRATION:

All athletes must check in at the Empire State Winter Games athlete check in location. Times and locations will be posted on www.empirestatewintergames.com

Athletes should also make sure to check in with the ice monitor before each event.

There will be a figure skating information desk located on the main level of the Olympic Center just outside the main doors to the 1980 Rink. The desk will open one hour prior to the start of each event and will close at the conclusion of each day's events. Awards schedules, practice ice information and results will be available at the desk.

Coaches should check in at the figure skating information desk prior to their first event to receive a credential.

PRACTICE ICE:

All practice ice information will be available online and will also be e-mailed to all of the registered competitors. This information will be made available as soon as it is available.

PHOTOGRAPHY/VIDEOGRAPHY:

Miracle Moments photography will be shooting all events and prints for purchase will be available onsite. If you have any questions, please contact Ona at onak@orda.org.

There will be an official videographer onsite.

AWARDS:

Medals will be awarded for 1st-3rd places in contested events. An awards schedule will be available at the figure skating information desk.

The Paul Kreppel award will be given to the synchronized skating team with the most inspiring performance as voted on by the officials. This award will be given on ice following the conclusion of the synchronized skating events.

OFFICIAL NOTICES:

An official bulletin board will be maintained at the information desk. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:
<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

CONTACT INFO:

Figure skating event information –
Mary-Elizabeth Wightman – marye@orda.org

Chief Referee –
Kathaleen Cutone – cutone@msn.com

General Empire State Games information –
Sue Cameron – sue@roostadk.com

This event is a standard U.S. Figure Skating Nonqualifying Competition



ADDITIONAL INFORMATION:

All participating athletes are invited to walk in the Empire State Winter Games Opening Ceremonies to be held in the evening of Thursday, February 1st. . Please check www.empirestatewintergames.com for information regarding check-in times.

SECTION 2: Events Offered

EVENT: Introductory Levels Free Skate Program

General event parameters:

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump 	Max. 2 spins: <ul style="list-style-type: none"> • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump. 	Max. 2 spins: <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests

SINGLES FREE SKATING EVENTS

See current rulebook or click [here](#) for current rules and requirements.

SINGLES IJS FREE SKATE

The free skate events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- Juvenile IJS Free Skate – according to 2017-2018 US Figure Skating Rules
- Intermediate IJS Free Skate – according to 2017-2018 US Figure Skating Rules
- Novice IJS Free Skate – according to 2017-2018 US Figure Skating Rules
- Junior IJS Free Skate – according to 2017-2018 ISU Rules
- Senior IJS Free Skate – according to 2017-2018 ISU Rules

SINGLES WELL BALANCED 6.0 FREE SKATE

The free skate events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- No Test Well Balanced Free Skate – according to 2017-2018 US Figure Skating Rules
- Pre-Preliminary Well Balanced Free Skate – according to 2017-2018 US Figure Skating Rules
- Preliminary Well Balanced Free Skate – according to 2017-2018 US Figure Skating Rules
- Pre-Juvenile Well Balanced Free Skate – according to 2017-2018 US Figure Skating Rules
- Juvenile 6.0 Free Skate – according to 2017-2018 US Figure Skating Rules
- Intermediate 6.0 Free Skate – according to 2017-2018 US Figure Skating Rules
- Novice 6.0 Free Skate – according to 2017-2018 US Figure Skating Rules

SINGLES IJS SHORT PROGRAM

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- Intermediate IJS Short Program – Rule 4230
- Novice IJS Short Program – Rule 4220
- Junior IJS Short Program – Rule 4210
- Senior IJS Short Program – Rule 4200

SINGLES 6.0 SHORT PROGRAM

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- Intermediate 6.0 Short Program – Rule 4230
- Novice 6.0 Short Program – Rule 4220

SOLO DANCE EVENTS

SOLO PATTERN DANCE

General event parameters:

- Levels are based upon the skaters' highest pattern dance test passed.
- A solo pattern dance competition event will consist of the skater performing one solo pattern dance.
- The number of patterns to be skated is determined by the number required for competition as stated in the U.S. Figure Skating rulebook.

Level	Dance to be Skated
Preliminary	• Canasta Tango
Pre-bronze	• Cha-Cha
Bronze	• Tenfox
Pre-silver	• Foxtrot
Silver	• Silver Tango
Pre-gold	• Starlight Waltz
Gold	• Argentine Tango
International	• Cha Cha Congelado

SYNCHRONIZED SKATING EVENTS

- **Synchro Skills 1:**

A team of 8 to 16 skaters. The majority of the team must be under 9. No skaters may have passed higher than a preliminary test.

Program duration: 1 ½ -2 minutes.

Rules: <http://www.usfigureskating.org/Programs.asp?id=338>

- **Synchro Skills 2:**

A team of 8 to 16 skaters. The majority of the team must be 9-11 years old. No skaters may have passed higher than a preliminary test.

Program duration: 1 ½ -2 minutes.

Rules: <http://www.usfigureskating.org/Programs.asp?id=338>

- **Synchro Skills 3:**

A team of 8 to 16 skaters. The majority of the team must be at least 12 years old. No skaters may have passed higher than a preliminary test.

Program duration: 2 – 2 ½ minutes.

Rules: <http://www.usfigureskating.org/Programs.asp?id=338>

- **Pre-Juvenile:**

A team of 8 to 16 skaters. The majority of the team must be under 12.

Program duration: 2 minutes 15 seconds.

Well balanced program: Rule 7260

- **Open Juvenile:**

A team of 8 to 16 skaters. Skaters must be under 20 and have passed the pre-preliminary moves in the field test.

Program duration: 2 ½ minutes.

Well balanced program: Rule 7250

- **Open Collegiate**

A team of 8 to 16 skaters. Skaters must have a high school diploma or equivalent and be enrolled in a college or university as a full-time student, as of the entry deadline.

Program duration: 3 minutes.

Well balanced program: Rule 7290

- **Open Adult :**

A team of 8 to 16 skaters. The majority of skaters must be at least 19 years or older.

Program duration: 2 ½ minutes.

Well balanced program: Rule 7520